

# 2021 Back to School Safety Tips

## for Pediatric Solid Organ Transplantation (SOT) Recipients



Protect yourself and your school from COVID-19.

*SOT recipients may feel scared to go back to school during an ongoing pandemic. Here are the most important tips for students in K-12. Everyone is different, so SOT recipients are encouraged to consult their care team.*



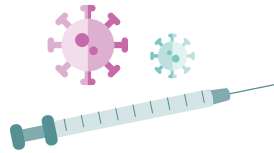
Keep a safe distance.

*If you spend more than 15 minutes with other people at school, it's best to stay 6 feet apart if possible.*



Clean your hands frequently.

*Hand hygiene is very important. Wash your hands with soap and water for 20 seconds or use hand gel with at least 60% ethanol.*



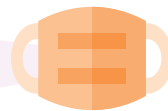
Get vaccinated.

*Get a COVID-19 vaccine if you are age 12 or older. Don't forget to talk to your care team about how many doses you need.*



Stay home if you're sick.

*You must stay home if you feel sick or have been exposed to a person with known COVID-19.*



Know which mask to wear.\*

**Surgical Mask  
(3-ply disposable mask)**

*Wear a 3-ply disposable mask if other students and staff don't have masks on or you are a high risk SOT patient.*



Ask your school and transplant team questions.

*Make sure your school's cleaning and disinfection procedures comply with local health department and CDC guidelines.*

**Tell your school that you are a transplant recipient!**

Specific support or accommodations may be available. Helpful COVID-19 resources for pediatric SOT recipients can be found at [pids.org](https://pids.org).

*\*Universal masking for all children two years of age and over in school this year is recommended by the Centers for Disease Control and Prevention (CDC) and the American Academy of Pediatrics (AAP).*