

# Why am I staying home?



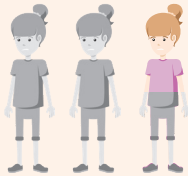
**What Is Social Distancing?** When you are social distancing, you won't be going to school, activities, or playing with friends. You are staying home to help keep your family, friends, teachers, care team, and community safe. You will also need to stay away from grandparents and older or already sick people to help protect them from getting very sick. Keep more space between yourself and others. Stay at least 6 feet apart from people that don't live in your house. Six feet is similar to the width of a car or couch, length of a twin bed, or height of a tall basketball player.

## Without Social Distancing



1 infected person

**INFECTS**



2.5 people

**INFECTS**



406 people

Source: [bbc.com/news/explainers-52010555](http://bbc.com/news/explainers-52010555)

## With Social Distancing\*



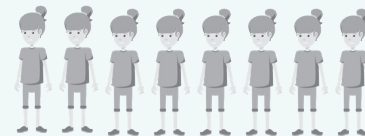
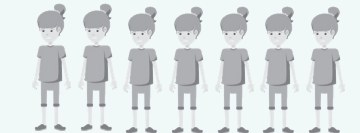
1 infected person

**INFECTS**



1.25 people

**INFECTS**



15 people

*\*If infection rate is reduced by half*

**NOW**

**IN  
5  
DAYS**

**AFTER  
30  
DAYS**